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I offer one to one sessions for 50 minutes, these can be face to face, online via video call or even by phone if that is your preference. I also offer a walking session and these can be arranged after the first 50 minute session face to face or Video call session.

My fees are £45 per session payable in advance.

If you can’t make the session and let me know 48 hours in advance I will reschedule so that you don’t lose your money.

I offer some £20 sessions for those on a lower income so do get in touch if you are struggling and I may be able to see you.

Contact me on

Debbie Livermore

07910537359

New email address here