Picture or header here

Chunk 1

I offer one to one sessions of 50 minutes.

These can be face to face or online via video call. I also offer telephone counselling if that is your preference.

Walking, talking sessions are available and these can be arranged after the first 50 minute session face to face or Video call session.

My fees are £45 per session payable in advance.

Chunk 2

If you can’t make the session and let me know 48 hours in advance so that we can reschedule or refund.

I offer some £20 sessions for those on a lower income so do get in touch if you are struggling and I may be able to see you.

If you have any questions or would like to book a session contact me on

Debbie Livermore

07910537359

New email address here